

# DRINK

## JUICES

### THE INCREDIBLE BULK **£6.00**

This is our superfood, clean and green cold-pressed juice containing Apple, Celery, Seasonal Greens, Lemon, Ginger and Mint *Contains Celery*

### GINGER SPICE **£6.00**

This is our zingy cold-pressed juice containing Apple, Carrots, Lemon, Ginger and Turmeric

### BRING THE BEET IN **£6.00**

This is our cold-pressed juice containing Oranges, Beetroot, Lemon, Ginger, Lime and Agave

### FRESH ORANGES **£4.00**

Freshly Squeezed Seasonal Oranges

## SMOOTHIES

### STRAWBERRY BLONDE **£6.00**

Strawberries, Oat Milk, Soya Yoghurt, Banana, Baobab, Lemon Zest and Vanilla

### CACAO ESPRESSO MARTINI **£6.00**

Oat Milk, Banana, Espresso, Dates, Maple Syrup, Cacao, Chicory Root and Lions Mane

### OFF THE KALE **£6.00**

Oat Milk, Banana, Spinach, Kale, Ginger, Pumpkin Seeds, Lemon, Agave, Parsley, Ashwagandha and Chilli

## PROTEIN SHAKES

### PROTEIN SHAKE **£6.00**

Vegan Vanilla Protein blended with Oat Milk

Flavours:

Vanilla

Strawberry

Chai

Chocolate

**Peanut Bulk** (Peanut butter, Hazelnut & Cacao) *Contains Nuts*

Add Sea Moss **£2.00** Add Espresso Shot **£2.20**

## WELLNESS SHOTS

### LET IT GLOW **£3.50**

Pineapple, Spinach, Coriander, Thai Basil, Aloe Vera and Marine Collagen. Help improve your skin elasticity, boost nail growth and promote healthy hair. *Contains Fish*

### DROP THE BEET **£3.50**

Honeydew Melon, Beetroot, Aloe Vera, Cayenne Pepper and Milk Thistle. Help lower your blood pressure and improve your blood flow.

### GUT VIBES ONLY **£3.50**

Apples, Strawberries, Organic Apple Cider Vinegar and Probiotics. Help to boost gut health.

### I'VE GOT THE POWER **£3.50**

Apples, Lemon, Turmeric, Himalayan Pink Salt and Ginger. Help to strengthen the immune system and keep your body strong.

## HOT DRINKS

### COFFEE

Espresso	<b>£2.50</b>
Americano	<b>£2.50</b>
Macchiato	<b>£2.60</b>
Cortado	<b>£2.60</b>
Cappuccino	<b>£2.90</b>
Flat White	<b>£2.80</b>
Latte	<b>£3.00</b>
Mocha	<b>£3.40</b>
Dirty Chai Latte	<b>£3.90</b>

### ICED COFFEE

Iced Americano	<b>£2.50</b>
Iced Latte	<b>£3.20</b>
Iced Chai Latte	<b>£3.50</b>
Iced Dirty Chai Latte	<b>£3.90</b>
Iced Matcha Latte	<b>£4.00</b>
Iced Mocha	<b>£3.50</b>

### TEAS

English Breakfast Tea	<b>£2.50</b>
Earl Grey Tea	<b>£2.50</b>
Lemongrass & Ginger Tea	<b>£2.50</b>
Peppermint Tea	<b>£2.50</b>
Green Tea	<b>£2.50</b>
Sea Moss Tea	<b>£3.00</b>
Mango & Rooibos	<b>£2.50</b>

Buy a Jar of Sea Moss from £12

### ALTERNATIVE LATTES & HOT DRINKS

Chai Latte	<b>£3.50</b>
Turmeric Latte	<b>£4.00</b>
Matcha Latte	<b>£4.00</b>
Hot Chocolate	<b>£3.20</b>

WE ALWAYS HAVE SEASONAL DRINKS AVAILABLE  
PLEASE ASK OUR STAFF OR TAKE A LOOK AT OUR SPECIALS BOARD

### EXTRAS

Decaf Option Is Free  
All prices are with Whole Milk/  
Semi-Skimmed Milk

Alternative Milk (Alpro)	£0.45
Soy, Coconut, Almond, Oat	
Extra Shot	£1.50
Sugar-Free Syrup	£1.00
Vanilla, Caramel, Hazelnut	

## COLD DRINKS

### ALKALINE WATER **£3.50** SPARKLING WATER **£2.50**

### VITAMIN WATER **£2.50** Flavours: Lemon & Lime Reload, Strawberry & Rhubarb Hydrate

### LEMONAID **£3.50**

Flavours: Blood Orange, Passionfruit

### GREEN CHARITEA **£3.50**

### HIP POP KOMBUCHA **£3.50**

Flavours: Ginger & Yuzu, Passionfruit & Guava CBD, Cola

We are all about supporting local & British business. This menu was possible by these following businesses great products.



LEMONAID<sup>+</sup> ChariTea<sup>+</sup>

HIP POP

At The Green Lab, we believe in fresh produce and great tasting food. This extends beyond our eatery. If you are looking for catering for business, events & private functions, get in touch with us at [hello@thegreenlabnq.com](mailto:hello@thegreenlabnq.com).

If you would like to leave us a review scan the QR code:



If you have any food allergies or special dietary requirements, please inform a member of our team. We work in an environment containing all of the main allergies & cannot guarantee no cross contamination. Please note that for dining in guests a discretionary service charge of 10% is added to your bill. This can be removed upon request.

# THE GREEN LAB

